# How can we help?

Jasper County Health & Human Services Information Guide





Please send any updates to jaspercocares@jasperia.org

Updated monthly if changes. Last update 7/31/2023 Website: bit.ly/3XbkrLV

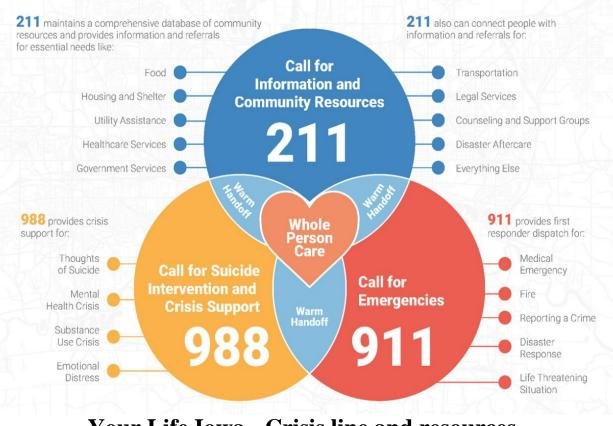
Disclaimer: The information was provided by agencies in the community and may not be all-encompassing and some information changes often.

If the information needs to be added or updated, please contact us at <u>jaspercocares@jasperia.org</u>.

# Help!

# In the State of Iowa, Help is 3 Numbers Away





Your Life Iowa - Crisis line and resources Call: 855-581-8111 Text: 855-895-8398 Website: <u>https://yourlifeiowa.org/</u> Live chat is available.

# **JASPER COUNTY OFFICES**

County Office/Dept	Address	Phone Number
Assessor	101 1 <sup>st</sup> Street N., Newton	641-792-6195
Auditor	101 1 <sup>st</sup> Street N., Newton	641-792-7016
Board of Supervisors	101 1 <sup>st</sup> Street N., Newton	641-792-7016
CICS (Mental Health)	315 W. 3rd Street N., Suite 200, Newton	641-791-2304
Community Dev.(Zoning & Env.)	315 W. 3 <sup>rd</sup> Street N., Suite 150, Newton	641-792-3084
Conservation	1030 W. 2 <sup>nd</sup> Street S., Newton	641-792-9780
County Attorney	114 W. 3 <sup>rd</sup> Street N., Newton	641-792-5010
Driver's License	315 W. 3 <sup>rd</sup> Street N., Suite 500, Newton	641-792-3815
Elderly Nutrition	2401 1 <sup>st</sup> Avenue E., Newton	641-792-7102
Emergency Management	1030 W. 2 <sup>nd</sup> Street S., Newton	641-792-7555
Engineer	910 N. 11 <sup>th</sup> Avenue E., Newton	641-792-5862
General Assistance	315 W. 3 <sup>rd</sup> Street N., Suite 200, Newton	641-791-2609
Health Department	315 W. 3 <sup>rd</sup> Street N., Suite 100, Newton	641-787-9224
Recorder	101 1 <sup>st</sup> Street. N., Newton	641-792-5442
Sheriff	2300 Law Center Dr., Newton	641-792-5912
Treasurer (Property Taxes)	315 W. 3rd Street N., Suite 500, Newton	641-792-7731
Veteran Affairs	315 W. 3 <sup>rd</sup> Street N., Suite 250, Newton	641-792-7993

Website: <u>https://www.jasperia.org/</u>

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## ASSISTANCE

#### IMPACT

Addresses homeless prevention, low-income home energy assistance, food vouchers, emergency rent and utility assistance, low-cost, weatherization, senior living program, and legal aid.

600 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 515-518-4770 Website: www.iacommunityaction.org

Open Thursdays 8 AM-4 PM or by appointment

#### **United Way of Jasper County**

Provides financial assistance to a variety of health and human services programs. 312 1<sup>st</sup> Avenue W. Newton, IA 50208 Phone: 641-791-1684 Website: www.unitedwayofjaspercounty.org

#### 211 Iowa

Helpline that connects anyone with local support and resources. This is a free and confidential service available 24 hours a day 7 days a week. Phone: 211 Text your Zip code to 898211 Website: https://www.211iowa.org/

### General (Utility, Food, Clothing, Etc.)

**Care for Yourself** 

*Free mammograms, pap tests, HPV, & cervical diagnostic testing, & yearly office visit to women ages 40 -64 who are uninsured or under-insured, or women who have HPV cancer symptoms.* Phone: 515-286-2095 Website: https://idph.iowa.gov/cfy

#### **Discover Hope**

*Free community meal available Monday thru Friday from 11:30am to 1pm.* 733 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-841-0598 Website: <u>www.discoverhope517.org</u>

**Free & Reduced Schools Lunch Program**: Income eligible children can have school lunch costs paid through the USDA. Please contact your child's school in your area to get more information.

#### **Jasper County General Assistance**

Low-income Jasper County residents' assistance for individuals applying for Social Security Disability, crisis funds to avoid utility disconnect or eviction, & a 1 time fill for certain meds. 315 W. 3<sup>rd</sup> Street N., Suite 200 Newton, IA 50208 Phone: 641-791-2609 Website: https://www.jasperia.org/170/General-Assistance

#### Martha's House of Hope

Martha's House of Hope is a non-profit organization, founded by Roman Catholic individuals committed to providing shelter, life skills and hope to pregnant mothers and their babies; to strive for lives of self-reliance, a sense of service and the realization of their God-given dignity, regardless of their beliefs. Martha's House of Hope seeks to partner with people of all faiths who desire to support this mission with their prayers, time, talent and/or treasure. Phone: 515-337-0618 Website: https://www.marthashouseofhope.org/

#### Mid-Iowa Community Action, Inc. (MICA) - Jasper County Services

1001 S. 18<sup>th</sup> Avenue Marshalltown, IA 50158 Phone: 641-752-7162 Website: <u>www.micaonline.org</u>

#### -Maternal & Child Health- MICA

For children 0-22 years old & women who are pregnant, or just had a baby. This program assists in finding healthcare coverage and healthcare providers or dentists, provides education to promote a healthy pregnancy, evaluates emotional stress & family adjustment to pregnancy and parenting, arranges transportation to medical & dental appointments, provides nutritional education, & a home visit after you deliver your baby.

#### -I-Smile

Provides free dental screening for those 0-21 and pregnant women. I-Smile works with all the schools to provide dental screenings and fluoride treatments, when needed.

#### -Women, Infants and Children (WIC) program.

Times and locations:

1.) Newton Salvation Army:

1st Monday of every month 9 AM-3 PM

2<sup>nd</sup> Tuesday of every month 10 AM-5 PM

2<sup>nd</sup> Monday and Wednesday of every month 8:30-4PM

2.) Howard St. Christian Church, Colfax

1st Wednesday of every month 8:30-4PM

#### **Neighbors Helping Neighbors**

*Free laundry to those that need assistance.* Email: <u>newtonneighbors@gmail.com</u> Website: <u>https://www.facebook.com/NHNNewton/</u>

#### **Salvation Army**

Emergency assistance with rent and utilities for low-income residents of Jasper County who have received utility disconnects or rental evictions. Also offers food pantry, clothing, and household assistance.

301 N. 2<sup>nd</sup> Avenue E. Newton, IA 50208 Phone: 641-792-6131 Facebook: https://www.facebook.com/SalvationArmyNewton/

# CHILDCARE

#### Assistance for Families in finding care, resources, & trainings for childcare providers

#### Child Care Resource & Referral of Central IA (CCR&R)

Connects families with quality early care and education options and facilitate professional development opportunities for the adults who care for and educate our youngest Iowans. Nurse consultants are available for daycares. 808 5<sup>th</sup> Ave Des Moines, IA 50309 Parent Referral Hotline: 855-244-5301 or Community Development Specialist: 515-401-4957 Website: https://iowaccrr.org/

#### Iowa State University Extension Outreach (ISUEO) Early Care and Education

Training tools to support professional growth, parent education, or technical support with childcare issues. Offers a wide variety of professional development training on early childhood topics, a resource library of educational materials and themed kits. 550 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-5437 Website: https://www.extension.iastate.edu

# **Daycare Centers and Preschools**

#### **Baxter**

#### **Baxter Community Pre-Kindergarten**

Pre-Kindergarten classes for the Baxter Community School District. 202 E. State Street Baxter, IA 50028 Phone: 641-227-3102 Website: <u>www.baxtercsd.com/district</u>

#### **Growing Greatness Childcare Center**

Childcare for children aged 6 weeks to 12 years. Preschool offered for 3 and 4 years old, before and after school programming, and a summer school age program. 110 N. High Street Baxter, IA 50028 Phone: 641-227-3811 Email: growingreatnesslearningcenter@gmail.com

#### **Colfax-Mingo**

#### **Colfax Community Preschool, Inc.**

*Offers Pre-kindergarten classes through the Colfax-Mingo School District.* 20 W. Broadway Street Colfax, IA 50054 Phone: 515-674-9154 Email: <u>colfaxcompreschool@aol.com</u>

#### Young Heart Children's Center

Provides childcare for children aged 6 weeks to 12 years. Programs offered include before and after school programming, and a summer school age program. 31 E. State Street Colfax, IA 50054 Phone: 515-674-9225 Email:younghearts@qwestoffice.net

#### Lynnville- Sully

#### **Diamond Trail Children's Center**

Provides childcare for children aged 6 weeks to 12 years. Programs offered include 3- and 4year-old preschool, 4-year-old Pre-Kindergarten classes for the Lynnville-Sully School District, before and after school programming, and a summer school age program. 301 East Street Lynnville, IA 50153 Phone: 641-527-2200 Email:<u>diamondtrail@netins.net</u>

#### **Inspirations Child Care and Preschool**

Provides childcare for children aged 6 weeks- 12 years. Programs offered include 4-year-old Pre-kindergarten classes for the Lynnville-Sully District, before & after school programming, & a summer school age program. 1005 2<sup>nd</sup> Street Sully, IA 50251 Phone: 641-594-3355 Email: inspirationssully@gmail.com

#### Newton

#### Drake University Head Start

Provides 4-year-old Pre-kindergarten class through the Newton Community School District. 2713 N. 4<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-2498 Preschool services is 515-271-1854 or 1-800-443-7253 ext. 1854 Website: https://www.drakeheadstart.org/

#### **Imagine Childcare Center**

Provides childcare for children aged 6 weeks to 12 years. Programs offered include 3- and 4year-old preschool, before and after school programming, and a summer school age program. 1017 E. 7<sup>th</sup> Street N. Newton, IA 50208 Phone: 641-787-9172 Email: Imaginechildcare22@gmail.com

#### Newton Early Learning Academy

Childcare for ages 6 weeks to 12 years. Preschool for 3- and 4-year-olds, before and after school programming, and a summer school age program. 2713 N. 4<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-787-2002 Email: <u>thenelafamily@gmail.com</u>

#### **Peck Child Development Center**

Provides before, after and no school childcare along with summer childcare. 3- and 4-year-old preschool is available. Childcare is available for children 2 years of age and older.

513 E. 5<sup>th</sup> Street N. Newton, IA 50208 Phone: 641-792-7228 Email: <u>peckchildcare513@gmail.com</u>

#### **SHARE Preschool**

Provides a 3-year-old preschool class and a 4/5-year-old preschool class. 1115 S. 8<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-8639 Email: sharepreschoolnewton@gmail.com

#### YMCA Child Care Center & Preschool

Provides childcare for children aged 6 weeks to 12 years. Preschool: 3- and 4-year-old preschool, Pre-kindergarten for the Newton School District, before & after school, and a summer school age program.

1701 S. 8<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-4006 Website: <u>www.newtonymca.org</u>

#### **Freedom for Youth- Newton**

Faith based before, after and summer programs for all school aged children. They meet on Thursdays from 3:30-5:30 pm and this includes a dinner for the kids! 733 1st Ave E Newton, IA 50208 Website: https://freedomforyouth.org/newton

#### PCM Community School District

Monroe Elementary School Provides Pre-Kindergarten classes for the PCM Community School District. 400 N. Jasper Street Monroe, IA 50170 Phone: 515-994-8222 Website: www.pcmschools.org

#### **Prairie City Elementary School**

Provides Pre-Kindergarten classes for the PCM Community School District. 309 E. Plainsmen Road Prairie City, IA 50228 Phone: 515-994-8222 Website: <u>www.pcmschools.org</u>

## **CHIROPRACTIC SERVICES**

#### **Hunter Clinic of Chiropractic**

207 S. 2<sup>nd</sup> Avenue E. Newton, IA 50208 Phone: 641-791-2224

#### **Fikse Chiropractic**

612 4<sup>th</sup> Street Sully, IA 50251 Phone: 641-594-4299 Website:<u>www.fiksechiropractic.com</u>

#### **Koenen Chiropractic**

200 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-787-1710 Website: <u>www.koenenchiropractic.com</u>

#### Mattes Family & Sports Chiropractic

119 1<sup>st</sup> Avenue W. Newton, IA 50208 Phone: 641-787-0311 Website:<u>www.matteschiropractic.com</u>

#### **Midwest Wellness Chiropractic Clinic**

206 E. Marion Street Monroe, IA 50170 Phone: 641-259-3044 Website: https://www.midwestwell.com/

#### **Parsons Chiropractic**

222 1<sup>st</sup> Street N.
Newton, IA 50208
Phone: 641-792-2344
Website: <u>www.parsonschironewton.com</u>

#### **Trier Family Chiropractic**

9 N. Walnut Street Colfax, IA 50054 Phone: 515-674-3272

#### **Baxter Chiropractic**

107 S. Main Street Baxter, IA 50028 Phone: 641-227-3730

## **COMMUNITY GROUPS**

#### Boy Scouts of America, Mid-Iowa Council

6123 Scout Trail Des Moines, IA 50321 Phone: 515-266-2135 Website: <u>https://scoutingiowa.org/</u>

#### **Girl Scouts of Greater Iowa**

10715 Hickman Road Des Moines, IA 50322 Phone: 800-342-8389 Website: https://www.girlscoutsiowa.org/

#### **Greater Newton Area Chamber of Commerce**

113 1<sup>st</sup> Avenue W. Newton, IA 50208 Phone: 641-792-5545 Website: <u>http://experiencenewton.com</u>

#### Jasper County 4H (ISU Extension and Outreach)

550 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-6433 Website: https://www.extension.iastate.edu/jasper/4h

#### **Newton Noon Kiwanis**

This nonprofit organization helps in serving the children of the community in various ways. Members meet at first and third Wednesdays at United Presbyterian Church at 11:50 AM. 223 E. 4<sup>th</sup> Street N. Newton, IA 50208 Website: <u>www.newtonkiwanis.org</u>

## **DENTISTS & DENTAL SERVICES**

#### **Associated Dentists**

600 E. 17<sup>th</sup> Street, Suite A Newton, IA 50208 Phone: 641-792-4832 Website: <u>https://www.associateddentistsofnewton.com/</u>

#### **Colfax Dental Services**

475 N. Walnut Street Colfax, IA 50054 Phone: 515-674-4466 Website: <u>www.colfaxdentalservices.com</u>

#### **Family Dentistry**

613 4<sup>th</sup> Street Sully, IA 50251 Phone: 641-594-4285 Website: <u>https://www.grinnelldentist.com/</u>

#### **Loucks Buren Orthodontics**

411 E. 17<sup>th</sup> Street S. Newton, IA 50208 Phone: 641-792-7811 Website: <u>https://www.loucksburenortho.com/</u>

#### I-Smile MICA

*I-Smile is for kids and pregnant women, I-Smile at school is for preventative care for school aged children, and I-Smile Silver is for all adults within a ten-county pilot project area.* 1001 S. 18<sup>th</sup> Avenue Marshalltown, IA 50158 Phone: 641-752-7162 Website: www.micaonline.org

#### Love Your Neighbor Dental Clinics (LYN)

Serves the needs for Jasper County residents. Basic dental needs are provided. These services include a basic cleaning, fillings, and extractions. A \$10 copay for all procedures to cover the cost of the paper items. Dentists volunteer their time. Must make an appointment only. 108 N. 2nd Avenue E. Newton, IA 50208 Phone: 641-792-9600 Website: https://macefamilydentistry.com/ More information on Facebook

#### **Mace Family Dentistry**

108 N. 2<sup>nd</sup> Avenue E. Newton, IA 50208 Phone: 641-792-9600 Website: <u>https://macefamilydentistry.com/</u>

#### **Prairie City Dental Service**

111 N. Main Street Prairie City, IA 50228 Phone: 515-994-2210 Website:<u>www.colfaxdentalservices.com</u>

#### **The Dental Practice**

1919 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-792-2780 Website: http://thedentalpractice.net

**Van Hemert Family Dentistry** 320 E. 3<sup>rd</sup> Street N. Newton, IA 50208 Phone: 641-792-4234 Website: https://www.vanhemertfamilydentistry.com/

## DEPARTMENT OF HEALTH AND HUMAN SERVICES

#### Department of Health and Human Services (DHHS) Local Office- Newton

315 W. 3<sup>rd</sup> Street N., Suite 600 Newton, IA 50208 Phone: 641-792-1955 Website: <u>https://dhs.iowa.gov/</u>

#### Department of Health and Human Services (DHHS) Des Moines Office

2309 Euclid Avenue Des Moines, IA 50314 Phone: 515-725-2600 Website: <u>https://dhs.iowa.gov/</u>

- **Childcare Assistance**: *Helps pay for childcare while parents or caretakers work, attend school, look for employment or are unable to care for children due to medical reasons.*
- **Families First**: Department of Health and Human Services (DHHS) program to help families stay together and prevent the need for foster care.
- **Parent Partners**: An innovative social work practice. It is unique because it celebrates individuals that have overcome obstacles through change, recovery, and accountability. Parent Partners are advocates for families. They also hold families accountable by through their case plan goals.
- **Supplemental Nutrition Assistance Program (SNAP):** An entitlement program that provides monthly benefits to assist low-income households in purchasing the food, they need to maintain adequate nutritional levels.

#### DEPARTMENT OF HEALTH AND HUMAN SERVICES-IA MEDICAID ENTERPRISE Iowa-HIPP UNIT

Affordable Care Act Health Insurance Marketplace Phone: 1-800-987-6810 Website: <u>https://www.healthinsurance.org/states/iowa/</u> Website: <u>www.healthcare.gov</u>

#### Hawk-I (Healthy & Well Kids in Iowa) & Hawk-I Dental Only

To qualify, a child must live in Iowa and: Be under 19 years old; Have no other health insurance; Be a citizen of the United States or a qualified alien; Be in a family that meets the hawk-I income limits. Cannot be the dependent of a State of Iowa employee; Children who qualify for Medicaid cannot get Hawk-I.

#### Medicaid (also called Title 19)

Provides health coverage through a Managed Care Organization (MCO). Some members get coverage through the Medicaid Fee-for-Service Program. Toll Free: 800-338-8366

#### Managed Care Organization (MCO) Contact Information

- Amerigroup Member Services 1-800-600-4441
   Website: <u>http://www.myamerigroup.com/IA</u>
   Amerigroup Transportation Request.: Call LogistiCare at 1-844-544-1389
- Iowa Total Care Member Services 1-833-404-1061 Website: <u>https://www.IAtotalcare.com/</u> Iowa Total Care Transportation Request: 1-833-404-1061

#### Care for yourself (women ages 21-64)

*Free or low-cost breast and cervical cancer screenings.* Confidential Coordinator 1-866-339-7909

#### **Non-Emergency Medical Transport (NEMT)**

Services are for members with full Medicaid benefits, who need travel reimbursement or a ride to get to their medical appointments. Eligible members will receive NEMT services from different NEMT brokers depending on their eligibility status and whether they receive coverage directly from IA Medicaid Fee-for-Service or are enrolled in the IA Health Link managed care program.

#### Iowa Health and Wellness Plan (IHAWP)

Provides Comprehensive health coverage at low or no cost to Iowans between the ages 19-24. Eligibility is based on household income. An IA Medicaid program. Phone: 515-256-4606 Toll Free: 800-338-8366 Website: https://dhs.iowa.gov/ihawp

# **DISABILITY SERVICES**

To apply for Social Security Disability https://www.ssa.gov/applyfordisability/

If you need assistance with the application, please contact Jasper County CICS.

#### **Capstone IHH Program**

Capstone's Integrated Health Program provides a team of professionals working together to provide whole-person, patient-centered, coordinated medical, behavioral and social support services for Medicaid eligible adults with mental illness. The program is designed to improve access to care & overall health care experience; & improve health outcomes of participants. 306 N. 3rd Ave. Newton, IA 50208 Phone: 641-792-4012 Website: www.capstonebh.com

#### **Child Serve**

Our team of experts helps identify and meet the unique needs of children with developmental delays, disabilities, injuries and other special healthcare needs. 644 24th Street Des Moines, IA 50312 Phone: 515-280-5332 Website: https://www.childserve.org/

#### Easter Seals Medical Equipment Loan

Loans refurbished medical equipment at a nominal fee to individuals with disabilities or illness. 401 N.E. 66<sup>th</sup> Avenue Des Moines, IA 50313 Phone: 515-309-2395 Website: <u>https://www.easterseals.com/ia/our-programs/assistive-technology-center/equipment-loan.html</u>

#### Kid Assist

Loan of equipment such as walkers, bath & toileting aids, adapted bikes, low-tech switches & toys, bedside tables, adapted swim aids, swings, & other types of positioning aids with disabilities can have the opportunity to experience an improved quality of life. 213 N. 3<sup>rd</sup> Avenue E. Newton, IA 50208 Phone: 641-521-1153 Website: https://www.facebook.com/KidAssistInc

#### Salvation Army Loan Closet

*The Loan Closet accepts donation of used medical equipment (wheelchairs, beds, crutches, etc.) Equipment is sanitized & loaned to those who are unable to purchase new equipment.* 

424 S. 2<sup>nd</sup> Avenue E. Newton, IA 50208 Phone: 641-792-6113 \*Volunteers are needed.

#### **Progress Industries (PI)**

- Residential and vocational services for children & adults with mental & physical disabilities. Home & community-based services, supported community living, intermediate care facility for persons with mental retardation, pre-vocational work services, psychological rehabilitation for people with mental illness, supported employment, & day habilitation program.
- P.I. provides community-based programs and supports for adults with intellectual disabilities. Services include 24-hour and hourly Home and Community-Based Services, Intermediate Care Facility for people with Intellectual Disabilities (ICF-ID), Supported Employment, and Day Habilitation.

202 N. 3<sup>rd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-6119 Website: <u>www.progressindustries.org</u>

## **DISASTER ASSISTANCE**

American Red Cross – Iowa Rivers Chapter 2116 Grand Avenue Des Moines, IA 50312 Phone: 515-243-7681 24 hr. Phone: 515-243-4054 Website: https://www.redcross.org/local/iowa.html

#### Jasper County EMA (Emergency Management Agency)

1030 W. 2<sup>nd</sup> Street S. Newton, IA 50208 Phone: 641-792-7555 Website: <u>www.jasperema-hls.org</u>

## **EDUCATION-COMMUNITY BASED**

#### 24/7 Dads – Discover Hope

A 12-week comprehensive class offering dads the tools, strategies, and exercises for all fathers and at any stage of fatherhood. 733 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-841-0598 Website: www.discoverhope517.org

#### Iowa State University Extension & Outreach (Jasper County Office)

Programs, resources, & educational opportunities: Agriculture & Natural Resources, Business & Industry, Communities, Continuing Education, Families, & 4H & Youth Development.

550 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-6433 Website: <u>https://www.extension.iastate.edu/jasper/</u>

#### **Pregnancy Center of Central Iowa**

Free and confidential pregnancy testing, counseling, information, practical assistance, & referrals. Earn While You Learn with Pregnancy, infant care & development, toddler, & parenting classes. "Money" earned can be spent in our store for diapers, infant and children's clothing, maternity clothing, and baby equipment. 709 1st Avenue W., Suite 1 Newton, IA 50208 Phone: 641-792-3050 Website: www.pccia.org

#### **Understanding Dads for Moms**

This is an 8-week class aimed at helping moms with the challenges of motherhood via improved communication skills, co- parenting, and understanding the father's role in parenting. The class is sponsored by Children and Families of IA and facilitated by DH517 volunteers. Discover Hope 733 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-841-0598 Website: www.discoverhope517.org

# **EDUCATION-SCHOOLS**

#### **College**

**DMACC – Newton Campus** 600 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-791-3622 or 800-362-2127

Website: <u>www.dmacc.edu</u>

# Elementary, Middle, High School, Alternative School

**Baxter Community School District** 

Baxter School District Office 202 E. State Street Baxter, IA 50028 Phone: 641-227-3102 Website: www.baxtercsd.com/

Baxter Elementary School, Phone: 641-227-1121 Baxter High School, Secondary: 641-227-3103

#### **Colfax-Mingo Community School District**

**Colfax-Mingo School District Office** 1000 N. Walnut Street Colfax, IA 50054 Phone: 515-674-3646 Website: <u>www.colfax-mingo.k12.ia.us</u>

#### **Colfax-Mingo Elementary School**

20 W. Broadway Street Colfax, IA 50054 Phone: 515-674-3465

#### **Colfax-Mingo Middle and High School**

204 N. League Rd Colfax, IA 50054 Phone: 515-674-4111

#### Lynnville-Sully Community School District

Lynnville-Sully Elementary, Middle, and High School 12476 Hwy. F-62 E. Sully, IA 50251 Phone: 641-594-4445 Website: <u>www.lshawks.org</u>

#### **Sully Christian School**

12629 S. 92nd Avenue Sully, IA 50208 Phone: 641-594-4180 Website: <u>https://sullychristian.org/</u>

#### **Newton Community School District**

#### **Newton Christian School**

1710 N. 11<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-1924 Website:<u>www.newtonchristianschool.com</u>

#### **Newton Schools Administration Offices**

1302 1<sup>st</sup> Avenue W. Newton, IA 50208 Phone: 641-792-5809 Website: <u>www.newton.k12.ia.us/</u>

#### **Newton Senior High School**

800 E. 4<sup>th</sup> Street S. Newton, IA 50208 Phone: 641-792-5797

#### **Berg Middle School**

1900 N. 5th Avenue E. Newton, IA 50208 Phone: 641-792-7741

#### **Aurora Heights Elementary School**

310 E. 23rd Street S. Newton, IA 50208 Phone: 641-792-7324

#### **Emerson Hough Elementary**

700 N. 4th Avenue E. Newton, IA 50208 Phone: 641-792-3982

#### **Thomas Jefferson Elementary School**

112 Thomas Jefferson Drive Newton, IA 50208 Phone: 641-792-2498

#### **Woodrow Wilson Elementary**

801 S. 8th Avenue W. Newton, IA 50208 Phone: 641-792-7311

#### West Academy Alternative High School

Provides an alternative educational environment for Jasper County as well as Pella Students.
1302 1<sup>st</sup> Avenue W.
Newton, IA 50208 Phone: 641-792-0335

### **PCM School District**

#### **Monroe Elementary School**

400 N. Jasper Street Monroe, IA 50170 Phone: 641-259-2314 Website: <u>www.pcmschools.org/</u>

#### **Prairie City Elementary School**

309 E. Plainsmen Road Prairie City, IA 50228 Phone: 515-994-2377

#### **Prairie City Monroe Middle School**

407 E. Plainsmen Road Prairie City, IA 50228 Phone: 515-994-2686

#### **Prairie City Monroe High School**

400 E. Hwy. 163 Monroe, IA 50170 Phone: 641-259-2315

## EDUCATION-SPECIAL SERVICES

#### Heartland Area Education Agency – Newton Office

Works in partnership with public & accredited private schools to provide educational services, programs & resources for improving student achievement & building cultural competence. serve children from birth to age 21, families, educators, & communities.

600 N. 2<sup>nd</sup> Avenue W., Suite 259 Newton, IA 50208 Phone: 641-792-4870 or 800-670-5740 Fax: 641-792-4518 Website:<u>www.heartlandaea.org</u>

#### **Newton Public Library**

Provides free educational services in the community. Offers free library cards.

100 N. 3<sup>rd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-4108 Website: <u>www.newtongov.org/90/Library</u>

# **EMPLOYMENT SERVICES**

#### **Connect 2 Careers**

Up to 2 years of school leading to employment. Help to obtain certifications (CNA, CDL etc.) On the job Training. Work Experience (for those with minimal work history) Apprenticeships Job ShadowsInternships

Children & Families of Iowa 200 Army Post Rd., #44 Des Moines, IA 50315 Office: (515) 515-281-6981 Ext 41818 www.cfiowa.org

#### **Employment Network Services**

Services people 18-retirerment age who receive social security income (SSI) or social security disability income (SSDI) or both with tools and job services for those who are eligible to enter the workforce or gain independence. The Place for Progress 113 S. 2<sup>nd</sup> Avenue E Newton, IA 50208 Phone: 641-275-3363 Website: www.progressindustries.org

#### Iowa Workforce Development-Promise Jobs

200 Army Post Road Des Moines, IA 50315 Phone: 515-281-9619 Website: <u>www.iowaworkforcedevelopment.gov/</u>

#### Iowa Vocational Rehabilitation Services (IVRS)

Works for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include college funding, job training, employment search, assistive technology, medical & psychological assessment, and physical/mental restoration services. Website: https://ivrs.iowa.gov/

#### Iowa Valley Community College/Marshalltown Community College

3702 S. Center Street Marshalltown, IA 50158 Phone: 641-844-5628 Website: <u>www.iavalley.edu</u>



If you need assistance, see the below list of options. Donations are always needed at your local food pantry



## FOOD

#### Food programs available in Jasper County:

- Food pantries (below)
- Wednesday night meal –1<sup>st</sup> Methodist Church basement, Newton
- Schools- breakfast and lunch (children) free and reduced, food pantries
- see Jasper County Elderly Nutrition and Mom's meals- some waivers accepted.
- Lunch- Connections Center and Discover Hope, Monday- Friday
- St. Luke's & other churches make burritos
- Supplemental Food Program for Seniors- General Assistance has applications.
- SNAP: see DHHS
- WIC- pregnant, postpartum, infants, and children -see MICA in Jasper Co.
- Jasper County Veteran's Affairs (Veterans only)

#### FOOD PANTRIES LOCATED IN JASPER COUNTY

Baxter Food Pantry 203 S. Main Street Baxter, IA 50028 Phone: 641-227-3391 Hours: M-F 10am-7pm, Bread Line: 2<sup>nd</sup> Tues. 9:30-10:30am

#### **Colfax-Mingo Area Food Pantry**

125 W State Street Colfax, IA 50054 Phone:515-674-4335, Tracy:515-971-2292, Mandy:515-661-2045, Paul 515-494-8721, Jessica 515-975-1720 Hours: by appointment from 8 AM to 8 PM.

#### East Jasper Christian Food Pantry

423 2<sup>nd</sup> Street Kellogg, IA 50135 Phone: 641-594-4483

#### **Grace Church of Newton**

1620 N. 11<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-1793 Hours: Mon. 9am-10am \**Closed holidays that fall on a Monday* 

#### Heart to Heart Food Pantry

14263 Hwy F-62 E. Lynnville, IA 50153 Phone: 641-780-3022

#### PCM Food Pantry-Organized by Monroe Presbyterian Church

115 S. Main Street Monroe, IA 50170 Phone: 641-259-2657 Hours: Mon.-Thurs. 9am-12pm Mon. 6-7pm

#### **Salvation Army-Food Pantry**

301 N. 2<sup>nd</sup> Avenue E. Newton, IA 50208 Phone: 641-792-6131 Hours: M-F 10am-11:45am & 1-3pm, Bread Line: Tues & Fri 9:30am-11:30am \**bring bags* 

#### **Newton Farmers Market**

N. 2nd Avenue W. Newton, IA 50208 Phone: 641-792-5545 Hours: Tuesdays in June through September from 4:30pm-6:30pm

#### Prairie City Farmers Market- Garden Square

103 E. Jefferson Street Prairie City, IA 50228 Hours: Thursdays from June 1 to September 28, 5-7 PM

#### **Other Food:**

#### **Supplemental Food Program for Seniors**

Must be over age 60, live in Jasper County, meet income guidelines. Provides supplemental commodity foods.

Website: http://apps.polkcountyiowa.gov/suppfoodswebapply

Applications may also be picked up at the Jasper County General Assistance office, 315 W 3rd St N, Newton.

## HEALTHCARE, MEDICAL, HOSPICE

#### **AIDS/HIV Healthcare Premium Program**

Helps persons living with AIDS/HIV-related illness by paying their health insurance premiums when they become too ill to work. Bureau of HIV, STI and Hepatitis – Iowa Department of Public Health 321 E. 12<sup>th</sup> Street, 6<sup>th</sup> Floor Des Moines, IA 50319 Phone: 515-601-0143 Website: <u>https://idph.iowa.gov/hivstihep</u>

Condoms- Free for anyone <a href="https://www.onecondoms.com/pages/iowa?utm\_medium=email&utm\_source=govdelivery">https://www.onecondoms.com/pages/iowa?utm\_medium=email&utm\_source=govdelivery</a>

#### **American Cancer Society**

Provides information on cancer, staying healthy, treatment & support (transportation/lodging) & more. Helps with questions about health insurance. 1717 Ingersoll Avenue, Suite 111 Des Moines, IA 50309 Phone: 515-253-0147 Website:<u>www.cancer.org</u>

#### Senior Health Insurance Information Program (SHIIP)

Office Location: Mercy One Newton

204 N. 4<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-1273 Website: https://shiip.iowa.gov/

## HOSPICES

Hospice of the Midwest 629 W. Street S, Suite 100 Grinnell, IA 50112 Phone: 641-236-3006 Website: https://hospiceofthemidwest.com/

## St. Croix Hospice

1555 SE Delaware Ave Ankeny, IA 50021 Phone: 515-276-2700 Website: https://www.stcroixhospice.com

#### WesleyLife Hospice

501 E. 2<sup>nd</sup> Street. N. Newton, IA 50208 Phone: 641-791-4500 Website: <u>www.wesleylife.org</u>

# **HOSPITALS & CLINICS**

#### **Care More**

Available for those who are eligible for Medicaid and who enroll in services from Amerigroup Iowa. Mobile Clinic can be provided in Newton. 1530 E. Euclid Avenue Des Moines, IA 50313 Phone: 515-989-6001 Website: www.caremore.com

#### **Newton Clinic**

300 N. 4<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-2112 Website: <u>www.newtonclinic.com</u> Hours: Mon-Fri 7:30am-6pm, Sat. 9am-Noon

#### **Newton Express Care Clinic**

1501 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-792-9416 ext. 2701 Website: <u>www.newtonclinic.com</u>Office Hours: Mon.-Fri. 11am-7pm Sat.-Sun. Noon-4pm

#### MercyOne Newton Medical Center (HOSPITAL)

204 N. 4<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-1273 Website: <u>www.mercyone.org</u>

#### Prairie City Medical Clinic (Pella Regional Health Center)

404 E. 2<sup>nd</sup> Street Prairie City, IA 50228 Phone:515-994-2617 Office Hours: Mon-Fri. 8am-5:30pm Website: <u>www.pellahealth.org</u>

#### **Quick Visit Urgent Care**

1817 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-698-9008 Office hours: Mon-Fri. 7am-7pm Sat. 8am-6pm Sun. 1pm-5pm Website: <u>www.quickvisiturgentcare.com</u>

#### Sully Medical Clinic (Pella Regional Health Center)

704 3<sup>rd</sup> Street Sully, IA 50251 Phone: 641-594-3150 Office hours: Mon, Tues, Thurs, Fri. 8am-5pm Wed. 8am-Noon Website: <u>www.pellahealth.org</u>

#### Child Health Specialty Clinic- Iowa City Clinic

Community based public health agency serving children & youth with special healthcare needs.

100 Hawkins Drive Iowa City, IA 52242 Phone: 319-356-3808 or 866-219-9119 Website: https://chsciowa.org/

#### **Primary Health Care**

Based on the needs of the communities we serve, PHC offers a spectrum of medical and dental services including family practice, behavioral health, HIV care and services, and pharmacy. 101 Iowa Avenue W., Suite 102 Marshalltown, IA 50158 Phone: 641-753-4021 Website: https://phciowa.org/

#### **Physical Therapy**

Kinetic Edge Physical Therapy – Newton 1715 1<sup>st</sup> Avenue E Newton, IA 50208 Phone: 641-791-9675 Website: https://www.kineticedgept.com/

# HOUSING OR HOMELESS

#### **HUD Des Moines Field Office**

Income based rental programs. 210 Walnut Street, Room 937 Des Moines, IA 50309 Phone: 515-284-4512 Website: www.hud.gov/states/iowa/offices

#### Habitat for Humanity

A nonprofit organization that helps families build and improve places to call home. We believe affordable housing plays a critical role in strong and stable communities. 2200 E Euclid Avenue Des Moines, IA 50317 Phone: 515-471-8686 Website: https://gdmhabitat.org

#### Central Iowa Regional Housing Authority (CIRHA)

Provides ongoing rental assistance for public and section 8 housing to individuals and families that qualify. 201 S.E. Gateway Drive Grimes, IA 50111 Phone: 515-986-1882 Website: www.cirhahome.org

#### **Central Iowa Shelter and Services**

Shelter, meals, and support services at no cost to adults experiencing homelessness, while also facilitating their move towards self-sufficiency. 1420 Mulberry Street Des Moines, IA 50309 Phone: 515-284-5719 Website: https://centraliowashelter.org/

#### **Newton Housing Development Corporation**

123 W. 2<sup>nd</sup> Street N. Newton, IA 50208 Phone: 6411-521-6031 Website: <u>https://www.newtongov.org/752/Housing</u>

#### **USDA Rural Development**

The agency's direct and guaranteed rural credit programs help families find affordable housing, assist. businesses, and allow communities to build or improve facilities. Iowa Rural Development State Office 210 Walnut Street, Room 873 Des Moines, IA 50309 Phone: 800- 414-1226

## LAW ENFORCEMENT & CRIME PREVENTION

#### **Baxter Police Department**

109 S. Main Street Baxter, IA 50028 Phone: 641-227-3594 Website: https://www.baxter-IA.com/police

#### **Colfax Police Department**

15 E. Howard Street Colfax, IA 50054 Phone: 515-674-9668 or 515-674-4096 Website: <u>https://colfaxia.gov/government/police-department/</u>

#### Jasper County Sheriff's Office

2300 Law Center Drive Newton, IA 50208 Phone: 641-792-5912 Website: <u>http://www.jasperia.org/643/Sheriff</u>

#### **Monroe Police Department**

107 N. Monroe StreetMonroe, IA 50170Phone: 641-259-2311Website: <a href="https://monroeia.com/departments/police">https://monroeia.com/departments/police</a>

#### **Newton Police Department**

101 W. 4<sup>th</sup> Street S. Newton, IA 50208 Phone: 641-791-0850 Website: <u>www.newtongov.org</u>

#### **Prairie City Police Department**

203 E. Jefferson Street Prairie City, IA 50228 Phone: 515-994-2649 Website: <u>www.prairiecityIA.us</u>

## **LEGAL SERVICES**

#### Iowa Legal Aid- Des Moines

Free legal assistance in civil legal issues such as housing, domestic violence, public benefit program denials, utility shut-offs, tax problems & consumer issues, to low-income persons.

1111 9<sup>th</sup> Street, Suite 230 Des Moines, IA 50314 Phone: 800-532-1275 Website: <u>www.iowalegalaid.org/</u>

Legal Hotline for Older Iowans (60 and over) Phone 800-992-8161

## LIBRARIES

#### **Baxter Public Library**

2020 E. State Street Baxter, IA 50028 Phone: 641-227-3934 Hours: Mon & Wed noon-6pm Tues 9am-6pm, Thurs 9-5pm Sat 9am-11am Website: <u>www.baxter.lib.ia.us</u>

#### **Colfax Public Library**

25 W. Division Street Colfax, IA 50054 Phone: 515-674-3625 Hours: Tues 11am-7pm Wed & Thru: 11am-5pm Fri 11am-2:pm, Sat 9am-noon Website: <u>www.colfax.lib.ia.us</u>

#### Lynnville Public Library

404 East Steet Lynnville, IA 50153 Phone: 641-527-2590 Hours: Mon & Tues 11am-3pm Wed 2pm-7pm Thurs 3pm-7pm Sat 9am-noon Website: <u>www.lynnville.lib.ia.us</u>

Hours: Mon 3-5pm Wed 1-5pm

Tues & Thurs 9-noon

#### **Mingo Public Library**

307 Mohawk Drive Mingo, IA 50168 Phone: 641-363-4631

#### **Monroe Public Library**

416 S. Buchanan Street Monroe, IA 50170 Phone: 641-259-3065

#### **Newton Public Library**

100 N. 3<sup>rd</sup> Avenue W Newton, IA 50208 Phone: 641-792-4108 Tues 10:00-5:00 Thurs 10:00-6:00Sat 9:00-noonWebsite: www.monroe.lib.ia.us

Sat 9-11 am Website: www.facebook.com/MingoPublicLibrary

Hours: Mon, Wed, Fri 12:00-5:00

Hours: Mon-Thurs 9:00-7:00 Fri 9:00-5:00 Sat 9:00-1:00 Website: <u>www.newtongov.org/Library</u>

#### **Prairie City Public Library**

100 E. 5th StreetHours: Mon & Fri 1-5Prairie City, IA 502288Tues & Thurs 4-8Phone: 515-994-2308Wed 9-11/1-5Website: www.prairiecity.lib.ia.us

#### **Sully Community Library**

318 6th AvenueHours: Mon & Wed 10:00-6:00Sully, IA 50251Thurs 9:00-12:00Phone: 641-594-4148Sat 9:00-noon (as schedule allows) Website: www.sully.lib.ia.us

## MENTAL HEALTH

Substance Misuse, Domestic Violence, Abuse, & Crisis Intervention

## 24 hr. Mobile Crisis Response Team: 1-844-258-8858

Mental Health Crisis Line: 515-205-9213 Website: <u>www.eyerlyball.org</u>

#### 2-1-1 Resources and Referral Hotline

2-1-1 is an easy to remember three-digit phone number that provides information for basic health, human services, or community resources that is free, confidential, and available 24/7. Phone: 2-1-1 Website: <u>https://www.211iowa.org/</u>

#### 9-8-8 Suicide and Crisis Lifeline

National Suicide Prevention Lifeline Phone: 9-8-8 call or text Website: <u>www.samhsa.gov/find-help/988</u>

#### Alliance of Coalitions for Change- Iowa

AC4C (Alliance of Coalitions for Change) is a collection of coalitions that work to provide substance abuse prevention, mental health strategies & provide resources to communities. Website: <u>https://ac4c.org/</u>

#### **American Lung Association**

Provides guidance and resources to assist those who want to quit smoking 2530 73<sup>rd</sup> Street Urbandale, IA 50322 Phone: 515-309-9507 Website: https://www.lung.org

#### **Capstone Behavioral Healthcare**

Assistance for psychiatric services and medication management, mental health, substance abuse and chemical dependency counseling, supported independent living, residential, and representative payee services, prevention and awareness education, & a 24/7 crisis hotline. 1123 1<sup>st</sup> Avenue E., Suite 200 Newton, IA 50208 Phone: 641-792-4012 24/7 Crisis Line: 800-332-4224 Website: <u>www.capstonebh.com</u>

#### **Capstone Connections Center**

Connections is a peer run center where person can access various activity rooms available for those seeking activities to participate in and a common area to relax and unwind. There is a donation room available for those in need of clothing, shoes, coats, gloves, etc. Staff can offer support and assistance with finding housing, applying for medical benefits, and finding additional services/resources clients.

306 N. 3rd Avenue E. Newton, IA 50208 Phone: 641-275-3516 Hours: Monday – Friday 9am-3pm

#### **Central Iowa Psychological Services**

Provides adult & pediatric mental health services: individual therapy, TMS therapy, substance misuse counseling, medication management and group therapy. Telehealth is available. 215 N.W. 18<sup>th</sup> Street Ankeny, IA 50023 Phone: 515-348-8258 Website: <u>www.iowacounseling.com</u>

#### **Child Abuse 24 Hour Reporting Hotline**

If a child under the age of 18 is suspected of being abused or neglected, call the Child Abuse Hotline. Phone: 800-362-2178 Website: <u>https://dhs.iowa.gov/child-abuse</u>

#### CICS (Central Iowa Community Services)

Provides funding & coordination for persons with disabilities. Services include service coordination, resource information & referrals for services including state & federal programs. Funding for mental health & community-based services are also available for those who qualify. 315 W. 3<sup>rd</sup> Street N., Suite 200 Newton, IA 50208 Phone: 641-791-2304 Website: https://www.cicsmhds.org/

#### **Clearview Recovery, Inc.**

Long term residential substance abuse treatment to women. Assists clients develop long term sobriety skills. Many clients live in the facility with their children, and whole family wellness services are offered through collaboration with community providers.

501 N. Sherman Street Prairie City, IA 50228 Phone: 515-994-3562 (24/7 line) Website: <u>www.clearviewrecoveryinc.org</u>

#### **Clive Behavioral Health**

1450 NW 114<sup>th</sup> Street Clive, Iowa 50325 Website: <u>www.clivebehavioral.com</u> To Make a Referral call 24/7: (844) 680-0504 Fax Referral Information to our Admissions Team: (515) 461-2234

#### **Community Support Advocates (CSA)**

Care coordination of services which helps individuals with disabilities in gaining access to appropriate housing, medical, & social, vocational, and educational services. To qualify persons must have a qualifying mental health diagnosis and full Medicaid. 6000 Aurora Avenue, Suite B

Des Moines, IA 50322 Phone: 515-883-1776 Website: <u>www.teamcsa.org</u>

#### **Connect Counseling PLLC**

300 E. 17<sup>th</sup> Street S, Suite 300 Newton, Iowa 50208 Phone: 641-200-0650 Website: <u>https://www.connectcounseling.life</u>

#### **Crisis Intervention Services**

Offers help with sexual assault and offers personal advocacy.500 High Avenue W.Domestic Violence: 800-464-8340Oskaloosa, IA 52577Emergency Housing: 844-673-5499Phone: 641-670-1505 (24/7 Line)Sexual Assault: 800-270-1620Website: https://stopdysa.org/Sexual Assault: 800-270-1620

#### **Discover Hope 517 Ministry**

A faith-based ministry and addiction resource center dedicated to providing recovery and restoration for those struggling with addiction. 733 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-841-0598 Website: https://discoverhope517.org

#### **Elder Abuse**

Phone: 800-362-2178 (toll-free, 24 hours a day, 7 days a week) Website: <u>https://dhs.iowa.gov/DependentAdultProtectiveServices/Families</u> If a person is in imminent danger, call 911.

#### Ellipsis formerly Youth Emergency Services & Shelter (YESS)

Ellipsis is Iowa's "no wrong door" care provider for kids and families. We're an agency that welcomes and works with people however they come or are referred to us, reducing barriers to programming and services that keep families connected and thriving.

#### **Ellipsis Pediatric Integrated Health Home (IHH)**

Available for youth who have a qualifying mental health diagnosis. IHH brings together mental, physical, and social health services into one integrated program. 918 SE 11<sup>th</sup> St. Des Moines, IA 50309 Phone: 515-243-3459 Website: https://www.ellipsisiowa.org/

## **Employee and Family Resources (EFR)**

Gambling, substance misuse, employee assistance services, case management, professional development, & education/communication to youth, adults, & families. 505 5th Avenue, Suite 600 Des Moines, IA 50309 Phone: 515-288-9020 24/7 Help Line: 515-244-6090 or 800-327-4692 Website: www.efr.org

## Eyerly Ball Mobile Crisis-Eyerly Ball, Des Moines

Assists those in a mental health crisis by coming to your location and talking to you. 945 19<sup>th</sup> Street Des Moines, IA 50314 Phone: 515-241-0982

# Eyerly Ball

## **Rural Behavioral Health Team**

Wraparound spectrum of services intended to increase access to mental health and substance use care for consumers of all ages in Jasper County. Consumers who have encountered barriers to seeking medication management, therapy, case management, or peer support services are eligible for each of these services offered in-home, free of charge.

Phone: 515-598-1787 Email: <u>ruralbhteam@eyerlyball.org</u> Website: <u>https://www.unitypoint.org/desmoines/rural-behavioral-health-team.aspx</u>

## **First Resources Corporation**

People with disabilities, mental health services, family & children services, and substance abuse treatment & recovery.
102 N. Handcock Street
Ottumwa, IA 52501
Website: https://yourlifeiowa.org/

## **Family Crisis Center**

Safety & advocacy to victims of intimate partner violence in Jasper County. 24-hour crisis line, one-on-one counseling, support services, court, medical, & housing advocacy. 1014 N. Elm Street Ottumwa, IA 52501 Phone: 641-683-1750 Website: https://familycrisiscenteriowa.org/

## Four Oaks

The Total Child approach were children and families are served in an all-encompassing way, rather than addressing one issue at a time. 5400 Kirkwood Drive S.W. Cedar Rapids, IA 52404 Phone: 319-364-0259Website: <u>https://fouroaks.org</u>

## **Heart and Solutions**

Mental Health counseling agency offering Behavioral Health Intervention Services (BHIS) for

*children.* Phone: 800-531-4236 Email: <u>help@heartandsolutions.net</u> Website: <u>http://heartandsolutions.net/</u>

## House of Mercy - Newton Center

Outpatient treatment center that serves adults, adolescents, and children with substance abuse and mental health needs. Services include outpatient substance abuse assessment, outpatient chemical dependency treatment, OWI assessments, and mental health & expressive arts therapy. 200 N. 8th Avenue E. Newton, IA 50208 Phone: 641-792-0717 Website: www.mercyone.org/desmoines/house-of-mercy/

## Iowa Victim Call Center

Certified Domestic Violence Advocates are available 24/7 to offer crisis support, help victims find safe solutions statewide, answer questions, and provide resource referrals. Phone: 800-770-1650 Website: www.survivorshelpline.org

## **Integrated Treatment Services**

Outpatient evaluation & treatment including OWI evaluations, DUI classes, substance abuse treatment programs (including co-occurring substance abuse/mental health disorders) for children & adults, socialization, anger management, & employment training programs. 303 S. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-0045 Website: www.integratedtreatmentservices.org

## Judicial Mental Health Advocates - Jasper, Polk, and Marion Counties

Civil mental health commitments only. P.O. Box 35593 Des Moines, IA 50315 Phone: 515-250-6150 Website: https://www.iowacounties.org/wp-content/uploads/2013/06/01-2019-Judicial-Mental-Health-Advocates.pdf

#### **Optimae Lifeservices/Optimae Behavioral Health**

Provides home based services, psychiatric, and mental health therapy primarily to individuals with intellectual disabilities or mental illness, as well as behavioral health, home health services, and 24-hour residential sites. Offers comprehensive, customer services which encourage choice, empowerment, and community integration.

1730 1<sup>st</sup> Avenue E. Newton, IA 50208 Lifeservices Phone: 641-787-9133 Behavioral Health Phone: 641-275-3520 Website: <u>www.optimaelifeservices.com</u>

#### Pal'ay Christian Counseling, Michael Huff

207 S. 2nd Avenue E. Newton, IA 50208 Phone: 641-831-5336 Email: https://www.palaycc.org

#### **Quakerdale Family Services**

Help children and families overcome challenges, support families, resolve conflict in times of crisis, & restore youth and their families to health and functionality. In-home or in-office counseling and telehealth, mental health assessments, functional family therapy, & equine therapy.
2932 240th Street
Marshalltown, IA 50158
Phone: 641-752-3912 Website: www.guakerdalefamilyservices.org

#### **Rosecrance- Jackson Center, Addiction Treatment**

800 5<sup>th</sup> St Sioux City, IA 51101 Phone: 800-472-9018 Website: https://rosecrancejackson.org

#### Sheepgate (formerly Teen Challenge of the Midlands)

Offers a 12-month, residential discipleship program for men and women with life-controlling addictions includes mentoring classes, Graduate Equivalent Degree (GED) support, and work study opportunities. Admission is based on eligibility requirements. Assistance to local churches in establishing and operating ministries for individuals and families in need of support. 900 N. League Road Colfax, IA 50054 Phone: 515-674-3713 Website: <u>www.mysheepgate.org</u>

#### Safe Families for Iowa

A family preservation movement motivated by hospitality, generosity, & compassion to keep children safe and families together. We bring church and community together mobilizing an army of volunteers to advocate for vulnerable children and socially isolated families. Website: <u>https://safe-families.org</u>

## **UCS Healthcare**

Substance use disorder therapy services, addiction treatment services & mental health therapy. 813 N. Lincoln Street, Suite 9 Knoxville, IA 50138 Phone: 515-280-3860 Website: https://www.ucsonline.org

## Your Life Iowa

Crisis line and resources Call: 855-581-8111 Text: 855-895-8398 Website: https://yourlifeiowa.org/ Live chat is available.

# MENTAL HEALTH – PRIVATE PRACTICE

## Dr. Sally Kuhn, ARNP, DNP, PMHNP-BC

Prescribing mental health medications for ages 5 and up. 300 E 17th Street S. Newton, IA 50208 Phone: 641-521-5557

## Dr. Jim Thorpe, PhD

Center for Interpersonal Effectiveness 501 W. 3rd St N Newton, IA 50208 Phone: 641-792-9425 Website: <u>www.cie-ankeny.com</u>

## Dr. Karen Quinn, PhD

A psychologist. serving individuals aged 12 and older. 501 W. 3rd Street N. Newton, IA 50208

OBJ

# PHARMACIES

## Spring City Pharmacy, LLC.

101 N. Walnut Street Colfax, IA 50054 Phone: 515-674-DRUG (3784) Fax 515-674-3774 Open Monday through Friday 9 am to 5:30 pm and until 7 pm on Tuesdays. Website: <u>www.springcityrx.com</u>

## **Hy-Vee Pharmacy**

1501 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-792-1000 Website: <u>www.hy-vee.com</u>

## **Medicap Pharmacy**

212 1st Street N. Newton, IA 50208 Phone: 641-792-3528 Website: <u>www.mymedicappharmacy.com/newton</u>

## NuCara Pharmacy and Home Medical Equipment

1719 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-792-9339 Website: <u>www.nucara.com</u>

## **Walgreens Pharmacy**

1204 1st Avenue E. Newton, IA 50208 Phone: 641-792-7379 Website:<u>www.walgreens.com</u>

## **Walmart Pharmacy**

300 Iowa Speedway Dr. Newton, IA 50208 Phone: 641-792-9237 Website: <u>www.walmart.com</u>

# PUBLIC HEALTH PROGRAMS

## **Jasper County Health Department**

Variety of health services including certain communicable disease and food borne illness investigations, Vaccine For Children immunizations, school and daycare immunization audits, public health education, community health plans and colloboration, and public health emergency preparedness. 315 W. 3<sup>rd</sup> Street N., Suite 100 Newton, IA 50208 Phone: 641-787-9224 Website: www.jasperia.org

- Child and Adolescent Immunizations by appointment (VFC) Call for details on who qualifies and to make an appointment. https://www.cdc.gov/vaccines/programs/vfc/index.html
- Safe Kids Jasper County Childhood injury prevention, provides free child passenger safety seat checks, events
- The Center for Acute Disease Epidemiology Website: <u>https://idph.iowa.gov/cade</u>

## Jasper County Environmental Health (Community Development)

Inspections (pool, septic, tattoo, & tanning), safe water supply & testing, septic system (permits, education, & tanker education), rabies education, & radon test kits (for sale) 315 W. 3<sup>rd</sup> Street N, Suite 150 Newton, IA 50208 Phone: 641-792-3084 Website: www.jasperia.org

# **RECREATION**

## Ashton Wildwood Park and Observatory

Our open season at Ashton Observatory from April through October. We are glad to report that beginning Saturday, July 9, 2022, Ashton Observatory will begin hosting visitors for outdoor viewing. This will be for outside viewing only - the Observatory and its domes will not be open. Saturday public nights at Ashton Observatory are every Saturday evening, from April through October. Except for the first. Saturday of each month. Free admission and all ages are welcome. 8755 W. 122nd Street N.

Mingo, IA 50168 Website: https://dmastronomy.com/our-observatory

## **Baxter Park and Facilities**

Provides information on parks, trails, the Caboose and more activities for the whole family.
203 Main Street
Baxter, IA 50028 Website: <a href="https://www.baxter-iowa.com/">https://www.baxter-iowa.com/</a>

## **Explore Colfax**

Provides information on parks, activities, Trainland and more family friendly areas to explore.
20 W. Howard Street
Colfax, IA 50054 Website: <a href="https://colfaxia.gov">https://colfaxia.gov</a>

## **Jasper County Conservation**

Quality parks, recreation, conservation and outdoor education systems. Nearly 3,000 acres of parks, trails, and natural areas just. waiting to be explored! 1030 W. 2<sup>nd</sup> Street S. Newton, IA 50208 Phone: 641-792-9780 Website: <u>www.jasperia.org</u>

## **Community of Lynnville**

Provides information on locally owned businesses, a brand-new library, and several different parks including one with campsites.
308 East Street
Lynnville, IA 50153 Website: <u>https://www.facebook.com/CityofLynnville</u>

## **Diamond Trail Golf Club**

9364 E. 146<sup>th</sup> Street S.Lynnville, IA 50153Phone: 641-527-2600 Website: <u>https://www.facebook.com/DiamondTrailGolfClub</u>

## **Monroe Activities and News**

Provides information on Monroe's annual Old Settlers Days, city activities, and more.
206 W. Sherman Street
Monroe, IA 50170
Phone: 641-259-2319 Website: <u>https://monroeia.com</u>

## **Newton YMCA**

Programs include sports and recreation for youth and adults, fitness facilities and classes,

swimming lessons, youth and teen activities, dance, gymnastics, arts and crafts, summer camps, and sports camps. Childcare and preschool programming is available through the YMCA Childcare Center. Financial assistance is available based on true financial need.

1701 S. 8<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-4006 Website: <u>www.newtonymca.org</u>

## **Newton Parks and Recreation**

Provides information on Newton's parks, Maytag Pool, Westwood Golf Course, and other areas in Newton for families to go for family fun. 403 W. 4<sup>th</sup> Street N., Suite 501 Newton, IA 50205 Website: www.newtongov.org

#### **Oakland Acres Gold Club**

13476 Highway 6 E. Grinnell, IA 50112 Phone: 641-236-7111 Website: https://golfoaklandacres.com

#### **Prairie City Parks and Recreation**

Prairie City's parks, trails, tennis courts and other recreational opportunities for everyone.
203 E. Jefferson Street
Prairie City, IA 50228
Phone: 515-994-2649 Website: <u>https://prairiecityiowa.us/</u>

#### **Sully Parks and Recreation**

Sully's parks, facilities, fitness center and other family friendly places to visit. 318 6<sup>th</sup> Avenue Sully, IA 50251 Phone 641-594-3493 Website: <u>https://sullyia.com</u>

# **RESPITE CARE**

## Lutheran Services of Iowa

Offers respite care, remedial/instructional support, and Supported Community Living (SCL). 3116 University Avenue Des Moines, IA 50311 Phone: 515-271-7411 Website: <u>https://lsiowa.org/</u>

# **SENIOR SERVICES**

## **Aging Resources of Central Iowa**

Offers community, nutrition, and case management services, as well as access to community resources. Agency contracts with local providers to help provide services to individuals living in a community setting to allow them to remain in the same restrictive environment. 5835 Grand Avenue, Suite 106 Des Moines, IA 50312 Office Phone: 515-255-1310 Toll Free: 800-747-5352 Website: www.agingresources.com

## Alzheimer's Association (Greater Iowa Chapter)

Provides services and support to individuals, families, and care partners through the advancement of research, enhancing care and support for all affected by the disease, and reducing the risk of dementia through the promotion of brain health. 1730 28<sup>th</sup> Street West Des Moines, IA 50266 Phone: 800-272-3900 Website: https://www.alz.org/iowa

## **Comfort Keepers- Home Care Assistance**

19 S. Center Street, Suite 2 Marshalltown, IA 50158 Phone:641-752-0715 Website: <u>www.comfortkeepers.com</u>

## **Every Step Care & Support Services**

Medical & social services to women, children, adults, seniors, & families. Nursing services include home visits, family support, parent education, transportation, & flu immunizations. 1111 9th Street, Suite 320 Des Moines, IA 50314 Phone: 515-558-9591 Website: www.everystep.org/

## **Home Instead**

Private pay home care services 119 W. 2<sup>nd</sup> Street N. Newton, IA 50208 Phone 641-792-1800 Website: www.homeinstead.com/

## Immanuel Pathways PACE (Program of All-inclusive Care for the Elderly)

Centers offer whole-person wellness for seniors qualifying for nursing home care yet still living in their home. Our centers offer enriching activities and friendships along with complete medical needs from primary physician services to physical therapies, dental appointments, wellness consultations and more. Participants can remain living independently for as long as possible and Medicaid qualifying individuals receive Pathways services at no cost. 7700 Hickman Road Des Moines, IA 50324 Phone: 515-512-4908 Website: https://immanuel.com

#### **Iowa Home Care**

Provides in home nursing and home care services. 2500 University Ave West Des Moines, IA 50266 Phone: 515-222-9995 Website: https://www.iowahomecare.com/

### **Jasper County Elderly Nutrition**

Home-delivered meals, on site meals in Colfax, Monroe, & Newton, holiday, emergency, and weekend meals, & Farmer's Market. Donations are encouraged for their meals based on income.
2401 1<sup>st</sup> Avenue E
Newton, IA 50208
Phone: 641-792-7102
Website: http://www.co.jasper.ia.us/205/Elderly-Nutrition

## **Mercy Home Care**

Provides in home nursing, physical therapy, occupational therapy, and home care aid services 2853 99<sup>th</sup> St Urbandale, IA 50322 Phone: 515-643-8383 Website <u>https://www.mercyone.org/desmoines/find-a-service-or-specialty/home-health-care</u>

## Retired & Senior Volunteer Program (RSVP)

Opportunities for volunteers aged 55 & over who are willing to share their experience, abilities, and skills for the betterment of their community and themselves. Volunteers have opportunities to be involved with the Heart Literacy Program helping elementary students with reading, providing transportation for citizens to vital appointments, the Tax Assistance Program helps eligible citizens prepare tax forms, warning siren monthly reporters, as well as additional opportunities with Jasper County Elderly Nutrition, Neal Smith Wildlife Refuge, and many more. ISU Extension Office

550 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-6433 Website: https://www.extension.iastate.edu/jasper/page/retired-senior-volunteer-program-rsvp

## **Senior Helpers**

No matter the type of care your loved one requires, Senior Helpers provides the perfect services for any of their needs, all done from home. 2951 86<sup>th</sup> St Urbandale, IA 50322 Phone: 515-251-7444 Website: https://www.seniorhelpers.com/ia/central-iowa/

## **Unity Point at Home**

Provides in home nursing, physical therapy, occupational therapy, and home care aid services 11333 Aurora Ave Urbandale, IA 50322 Phone: 515-557-3100 Website: https://www.unitypoint.org/locations/unitypoint-at-home

## Wesley Life at Home

Provides in home nursing, physical therapy, occupational therapy, and home care aid services 4328 114<sup>th</sup> St Urbandale, IA 50322 Phone: 515-978-2777 Website: <u>www.wesleylife.org</u>

## Willowbrook, WesleyLife Adult Day Center, Home Care and Hospice

501 E. 2<sup>nd</sup> Street. N. Newton, IA 50208 Phone: 641-791-4500 Website: <u>www.wesleylife.org</u>

# **SENIOR HOUSING**

# ASSISTED, INDEPENDENT LIVING, LONG TERM CARE, HOME CARE & HOSPICE **Traditions Memory Care of Newton**

2130 W. 18<sup>th</sup> Street S. Newton, IA 50208 Phone: 641-791-1127 Website: <u>www.accura.com/location/newton-west.</u>

## Accura HealthCare – East

1743 S. 8<sup>th</sup> Avenue E. Newton, IA 50208 Phone: 641-792-5680 Website: <u>www.accura.com/location/newton-east.</u>

## **Newton Health Care Center**

200 S. 8th Avenue E. Newton, IA 50208 Phone: 641-792-7440 Website: <u>www.newtonhealthcarecenter.com</u>

## Newton Village

110 N. 5<sup>th</sup> Avenue W. Newton, IA 50208 Phone: 641-792-0115 Website: https://www.newtonvillage.org

## Park Centre – A Wesley Life Community

500 1st Street N. Newton, IA 50208 Phone: 641-791-5000 Website: www.wesleylife.org

# SUPPORT GROUPS

## **AA-Alcoholics Anonymous**

*Membership is open to anyone who wants to do something about his or her alcohol use.* Meeting Times and Location: St. Stephens Episcopal Church

223 E. 4<sup>th</sup> Street N. Newton, IA 50208 Phone: 515-282-8550 Mondays, 12pm & 7pm; Tuesdays, 12pm & 8pm; Wed.,12pm & 5:30pm; Thursdays, 7pm. Fridays, 7pm; Saturdays,10am

## Al-Anon

Strength and hope for friends and families of alcoholics. Meetings on Sundays at 6pm: St. Stephen's Episcopal Church 223 E. 4<sup>th</sup> Street N. Newton, IA 50208 Phone: 515-277-5059

## **NA-Narcotics Anonymous**

Every addict in the world has the chance to experience our message in his or her own language & culture & find the opportunity for a new way of life. Meeting location below. St. Stephens Episcopal Church

223 E. 4<sup>th</sup> Street N. Newton, IA 50208 Phone: 800-897-6242 Meeting times: Sundays, Wednesdays, & Fridays at 7pm

## NAMI of Central IA

The National Alliance on Mental Illness is the nation's largest. grassroots mental health organization dedicated to building better lives for millions of Americans. For information and support call 641-521-0979 Family Support Group 641-521-0979 Phone: 515-292-9400 Website: https://namicentraliowa.org/

# TRANSPORTATION

## HIRTA (Heart of Iowa Regional Transit Agency)

Anyone can ride with 24hr advanced notice. Trips must. be scheduled 24hrs. in advance by call the number listed below. See rates online. Phone: 877-686-0029 Website: <u>www.rideHIRTA.com</u>

## **Jasper County Ride**

Provide free rides to medically necessary appointments within Jasper County and to surrounding counties. Clients need to be residents of Jasper County and meet one of the following eligibility requirements: Age 65 or older, be on disability, a veteran, and/or qualify for low-income assistance.

## Retired & Senior Volunteer Program (RSVP) an Iowa State Extension Program

550 N. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-6433 Website: <u>https://www.extension.iastate.edu/jasper/page/retired-senior-volunteer-program-rsvp</u>

## UTILITIES & SANITATION Cable/Internet/Phone

## Lynnville/Sully Telephone

305 7<sup>th</sup> Avenue Sully, IA 50251 Phone: 641-594-2509 Website: <u>www.sullytel.com</u>

## Mahaska Communication Group

315 W. 4<sup>th</sup> Street N. Newton, IA 50208 Phone: 641-841-2000 Website: <u>www.mahaska.org</u>

## Mediacom

2205 Ingersoll Avenue Des Moines, IA 50312 Phone: 515-633-4226 Website: <u>www.mediacomcable.com</u>

## **Partner Communications**

101 E. Church Street Gilman, IA 50106 Phone: 641-498-7701 Website: <u>www.pcctel.net</u>

## Windstream

115 S. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-4436 Website: <u>www.windstream.com</u>

## **<u>Cell Phone Providers</u>**

## Iowa Lifeline Plans

Government assisted wireless services to low-income families and individuals in Iowa. Phone: 888-543-3620 Website: https://www.lifewireless.com/plans/iowa-lifeline-free-phone-service

## **Cricket Wireless**

Provides free phone through Iowa Lifeline Plans. 1718 1<sup>st</sup> Avenue E. Newton, IA 50208 Phone: 641-275-3022 Website: <u>www.cricketwireless.com</u>

## **T-Mobile**

301 1st Avenue E. Newton, IA 50208 Phone: 641-791-9614 Website: <u>www.t-mobile.com</u>

## U.S. Cellular

2617 1st Avenue E, Suite 8-10 Newton, IA 50208 Phone: 641-791-7800 Website: <u>www.uscellular.com</u>

## Verizon

335 IA Speedway Dr. Newton, IA 50208 Phone: 641-450-3601 Website: <u>www.verizon.com</u>

## **Electric/Natural Gas**

Alliant Energy Customer Service: 1-800-255-4268 Website: <u>www.alliantenergy.com</u>

#### **Consumers Energy**

2074 242<sup>nd</sup> Street Marshalltown, IA 50158 Phone: 641-752-1593 Website: <u>consumersenergy.coop/</u>

#### **Mid-American Energy**

666 Grand Avenue Des Moines, IA 50309 Phone: 888-427-5632 Website: <u>www.midamericanenergy.com</u>

#### Pella Electric

2615 Washington Street Pella, IA 50219 Phone: 641-628-1040 Website: <u>www.pella-cea.org</u>

## **Utilities and Sanitation**

Central Iowa Water Association (Iowa Regional Utilities Association)

1351 Iowa Speedway Drive Newton, IA 50208 Phone: 641-792-7011 Website: <u>www.irua.net</u>

#### **City of Baxter**

203 S. Main Street Baxter, IA 50028 Phone: 641-227-3120 Website: https://www.baxter-iowa.com/

#### **City of Colfax**

20 W. Howard Street Colfax, IA 50054 Phone: 515-674-4096 Website: <u>https://colfaxia.gov/</u>

### City of Lynnville

308 East Street Lynnville, IA 50153 Phone: 641-527-2790 Website: https://lynnvilleiowa.com/

#### **City of Mingo**

100 N. Station Street Mingo, IA 50168 Phone: 515-363-4441 Website: <u>www.mymingoia.com</u>

#### City of Monroe

206 W. Sherman Street Monroe, IA 50170 Phone: 641-259-2319 Website: <u>www.monroeia.com</u>

#### **City of Newton**

101 W. 4<sup>th</sup> Street S. Newton, IA 50208 Phone: 641-792-2787 Website: <u>www.newtongov.org</u>

#### **City of Prairie City**

302 E. Jefferson Street Prairie City, IA 50228 Phone: 515-994-2649 Website: <u>prairiecityiowa.us/</u>

## City of Sully

318 6<sup>th</sup> Avenue Sully, IA 50251 Phone: 641-594-3493 Website: <u>www.sullyia.com</u>

#### **Mid-West Sanitation**

815 W. 10th Street Pella, IA 50219 Phone: 641-628-2610 Website: <u>www.midwestsanitation.com</u>

### **Skunk River Sanitation**

18 S. Iowa Street Colfax, IA 50054 Phone: 515-674-9058

## Versteeg Sanitary Service

1004 W. 6<sup>th</sup> Street S. Newton, IA 50208 Phone: 641-792-3300

# **VETERAN SERVICES**

## **Jasper County Veteran Affairs**

Helps with the following claim forms: compensation, pension, burial, headstone application, education, dependency and indemnity, eligibility verification report, healthcare, insurance, and home loans. Indigent veteran assistance is also available for housing, food, and utilities. 315 W. 3<sup>rd</sup> Street N., Suite 250 Newton, IA 50208 Phone: 641-792-7993 Website: https://www.co.jasper.ia.us/258/Veterans-Affairs

**US Department of Veteran Affairs** 

Website: <u>https://www.va.gov/</u>

## **VETERINARY SERVICES**

Baxter Veterinary Services 102 Railroad Street Baxter, IA 50028 Phone: 641-227-3405

Lynnville-Sully Veterinary Services 12818 Hwy. F-62 E. Sully, IA 50251 Phone: 641-594-3191

Midland Prairie Veterinary Services 28 E. Howard Street Colfax, IA 50054 Phone: 515-674-3228

Monroe Animal Clinic 110 N. Commerce Street Monroe, IA 50170 Phone: 641-259-2019

Newton Animal Clinic 2445 Highway F-48 W. Newton, IA 50208 Phone: 641-792-4860

Parkview Animal Hospital 2012 1st Avenue E. Newton, IA 50208 Phone: 641-792-0340

# **VISION CARE**

# Eye Care Center of Newton

100 N. 4<sup>th</sup> Avenue W. Newton, IA 50208 Phone: 641-792-7900 Website: <u>http://newtoneyecare.net</u>

## Newton Eye Clinic P.C.

111 1st· Avenue E. Newton, IA 50208 Phone: 641-792-7375

## Walmart Vision & Glasses

300 Iowa Speedway Drive Newton, IA 50208 Phone: 641-791-5332

# **OTHER RESOURCES**

## **Community Partnerships for Protecting Children (CPPC)**

*CPPC is not a program, but rather an initiative to engage community members and agencies to bolster supports for vulnerable families and their children.* Website: <u>https://dhs.iowa.gov/child-welfare/CPPCfamilies</u>

## Jasper, Marion, Poweshiek (JMP) Early Childhood Iowa

Collaborative efforts among Jasper, Marion, and Poweshiek counties will provide families with young children the opportunities, resources, and supports necessary to fulfill our vision. Website: <u>https://jmpeci.org/</u>

## The Jasper Community Foundation

The Jasper Community Foundation was established in 1997 for the purpose of accepting tax-deductible bequests and gifts in the form of cash or property from individuals, corporations and other organizations that have an interest. in improving the quality of life of people residing in Jasper County. The foundation has broad, flexible purposes assisting arts and culture, economic development, education, environment, health and human services, recreation areas and other high-impact community opportunities.

Website: http://www.jaspercommunityfoundation.org/

## **Iowa Road Conditions**

*Road conditions including weather* Website: <u>https://511ia.org/</u> App available for cell phones.

# **Free Government Cell Phone**

En Touch Wireless Phone: (866) 488-8719 Email: <u>www.entouchwireless.com</u>

Cricket Wireless Phone: 641-275-3022

## **Furniture or Household Items:**





**Pregnancy and Young Children Programs serving Jasper County** 

- Child Care Resource & Referral of Central IA (CCR&R) Parent Referral Hotline: 855-244-5301 Website: https://iowaccrr.org/
- Iowa State University Extension Outreach (ISUEO) Early Care and Education Phone: 641-792-5437
   Website: https://www.extension.iastate.edu
- Mid-Iowa Community Action, Inc. (MICA) Jasper County Services
  - Women, Infant, & Children (WIC) program- pregnant, children 0 5 years old
  - Healthy Pregnancy & Child Health program, First-Five, FaDss Phone: 641-752-7162
  - Website: <u>www.micaonline.org</u>
- Pregnancy Center of Central Iowa Phone: 641-792-3050 Website: <u>www.pccia.org</u>
- Understanding Dads, also for Moms Phone: 641-841-0598
   Website: <u>www.discoverhope517.org</u>

## **Homelessness Resources:**

## **Showers:** location

- Discover Hope 9-4PM
- Newton YMCA- sign in and sign out

## Housing options:

- Discover Hope
- Bethel Mission in Des Moines
- Door of Faith transitional living program
- Sheepgate (Colfax) recovery
- The Refuge (Winterset)
- Clearview Recovery female (Prairie City)
- Central Iowa Shelter (Des Moines)

Rental or Utility Assistance: (as funding is available)

- IMPACT- LIHEAP (seasonal heating and cooling)
- Jasper County General Assistance
- Salvation Army
- <u>https://www.iowahousinghelp.com/</u>
- Veterans: Jasper County Veterans Office
- Rental Reimbursement: RSVP

## Food programs:

- Food pantries
- Wednesday night meal –1<sup>st</sup> Methodist Church basement, Newton
- Schools- breakfast & lunch (children) free & reduced, food pantries
- Jasper County Elderly Nutrition or Mom's meals- (Seniors) some waivers may be accepted.
- Lunch-Connections and Discover Hope, Monday- Friday
- St. Luke's & other churches make burritos
- Supplemental Food Program for Seniors- General Assistance
- SNAP: see DHHS
- WIC- pregnant, infant, and childcare see MICA.
- Jasper County Veteran's Affairs (Veterans only)

# **Hygiene products:** available at Connections and Discover Hope **Other: Christmas**

- St Nick's & West Academy (United Way, Jessica)
- Salvation Army
- Toys for Tots- PCM Pastor Peters

## Laundry:

• Neighbors Helping Neighbors- contact Kelly at Salvation Army Warming and cooling:

- Libraries see list
- Discover Hope, 9-4 PM
- Connections, 9-3 PM

# **Free Resources for Providers**

## Telligan

1776 W Lakes Parkway West Des Moines, IA 50266 Phone: 800-383-2856 Website: https://www.telligen.com/

## **Opioid Response Network**

Website: Orn@aaap.org

Health Habits All Stars Website: https://www.cognitoforms.com/IowaDepartmentOfPublicHealth1/HealthyHabitAllStarsOrdering YourMaterials

## **Substance Misuse- Treatment**

### **Capstone Behavioral Healthcare**

Assistance for psychiatric services and medication management, mental health, substance abuse, and chemical dependency counseling, supported independent living, residential, and representative payee services, prevention, and awareness education, & a 24/7 crisis hotline. 1123 1st Avenue E., Suite 200 Newton, IA 50208 Phone: 641-792-4012 24/7 Crisis Line: 800-332-4224 Website: www.capstonebh.com

## **Central Iowa Psychological Services**

Provides adult & pediatric mental health services: individual therapy, TMS therapy, substance misuse counseling, medication management and group therapy. Telehealth is available. 215 N.W. 18<sup>th</sup> Street Ankeny, IA 50023 Phone: 515-348-8258 Website: www.iowacounseling.com

## **Clearview Recovery, Inc.**

Long term residential substance abuse treatment to women. Assists clients develop long term sobriety skills. Many clients live in the facility with their children, and whole family wellness services are offered through collaboration with community providers. 501 N. Sherman Street Prairie City, IA 50228 Phone: 515-994-3562 (24/7 line) Website: www.clearviewrecoveryinc.org

#### **Discover Hope 517 Ministry**

A faith-based ministry and addiction resource center dedicated to providing recovery and restoration for those struggling with addiction. 733 1st Avenue E. Newton, IA 50208 Phone: 641-841-0598 Website: https://discoverhope517.org

#### Eyerly Ball Rural Behavioral Health Team

Wraparound spectrum of services intended to increase access to mental health and substance use care for consumers of all ages in Jasper County. Consumers who have encountered barriers to seeking medication management, therapy, case management, or peer support services are eligible for each of these services offered in-home, free of charge.

Phone: 515-598-1787 Email: ruralbhteam@eyerlyball.org

Website: <u>https://www.unitypoint.org/desmoines/rural-behavioral-health-team.aspx</u>

Outpatient treatment center that serves adults, adolescents, and children with substance abuse and mental health needs. Services include outpatient substance abuse assessment, outpatient chemical dependency treatment, OWI assessments, and mental health & expressive arts therapy. 200 N. 8th Avenue E. Newton, IA 50208 Phone: 641-792-0717 Website: www.mercyone.org/desmoines/house-of-mercy/

#### **Integrated Treatment Services**

Outpatient evaluation & treatment including OWI evaluations, DUI classes, substance abuse treatment programs (including co-occurring substance abuse/mental health disorders) for children & adults, socialization, anger management, & employment training programs. 303 S. 2<sup>nd</sup> Avenue W. Newton, IA 50208 Phone: 641-792-0045 Website: <u>www.integratedtreatmentservices.org</u>

#### Sheepgate (formerly Teen Challenge of the Midlands)

Offers a 12-month, residential discipleship program for men and women with life-controlling addictions includes mentoring classes, Graduate Equivalent Degree (GED) support, and work study opportunities. Admission is based on eligibility requirements. Assistance to local churches in establishing and operating ministries for individuals and families in need of support. 900 N. League Road Colfax, IA 50054 Phone: 515-674-3713 Website: www.mysheepgate.org

#### **UCS Healthcare**

Substance use disorder therapy services, addiction treatment services & mental health therapy. 813 N. Lincoln Street, Suite 9 Knoxville, IA 50138 Phone: 515-280-3860 Website: https://www.ucsonline.org

## **Inpatient/Detox Treatment Facilities**

**Bethel Missions – Hope Ministries** 1310 6<sup>th</sup> Ave, Des Moines, IA 50314 Phone: 515-244-5445 Website: <u>https://www.hopeiowa.org</u>

#### **Community and Family Resources**

3451 Easton Blvd, Des Moines, IA 50317 Phone: 515-262-0349 Website: https://www.cfrhelps.org

#### **GuideLink Center**

300 Southgate Ave, Iowa City, IA 52240 Phone: 319-688-8000 Website: <u>https://guidelinkcenter.org</u>

## Powell Chemical Dependency Center

Unity Point Health – Lutheran Hospital 700 E University Ave, Des Moines, IA 50136 Phone: 515-263-5612 Website: <u>https://www.unitypoint.org/locations/unitypoint-health---des-moines-powell-chemical-dependency-center</u>

## **Prairie Ridge Integrated Behavioral Healthcare**

320N Eisenhower Ave, Mason City, IA 50401 Phone: 641-424-2391 Website: https://prairieridge.net

# Recovery Center

Manning Regional Healthcare Center 1150 6<sup>th</sup> Street, Manning, IA 51455 Phone: 712-655-2300 Website: https://manningrecoverycenter.com

## **Rosecrance- Jackson Center**

800 5<sup>th</sup> St, Sioux City, IA 51101 Phone: 800-472-9018 Website: https://rosecrancejackson.org

## **St Gregory's Recovery Center**

601 2<sup>nd</sup> St, Bayard, IA 50029 Phone: 888-810-9092 Website: <u>https://stgregoryctr.com</u> Linking those with substance use to available treatment

If you are looking for methadone, you can use the SAMHSA website to search for opioid treatment programs: https://dpt2.samhsa.gov/treatment/directory.aspx

You can also use the SAMHSA website to locate prescribers for buprenorphine: <u>https://www.samhsa.gov/medicationassisted-treatment/find-treatment/treatment/practitionerlocator?field\_bup\_state\_value=19</u>

Your Life Iowa also has a hotline and treatment search function by zip code: <u>https://yourlifeiowa.org/facility-locator#editbottom</u>

The University of Iowa Addiction and Recovery Collaborative (UI ARC) can also help facilitate finding medication providers. We can also use telehealth to help people with buprenorphine access. Our number is 319-335-6980 or people can email <u>uiarc@healthcare.uiowa.edu</u>

NACO resources https://www.naco.org/resources/opioid-solutions/approved-strategies/mat

Peer Recovery Coach training.

The Iowa Peer Workforce Collaborative hosts trainings on a regular basis for substance use, mental health, and family support. Look for the Peer Recovery Coach tab on this website: <u>https://iowapeersupport.sites.uiowa.edu/</u>